

2015



LARGE GROUP TRAINING SCHEDULE OMNIA & TRX/VIPR

FEES

Drop-in:	\$20
Ten Session Package:	\$150
Legacy Members:	Included with Membership

How To Register?

***Please fill out class registration forms located at the Front Desk.

AVAILABLE OMNIA SESSIONS

Mondays

10:30 am – 11:15 am (Travis)

5:30 pm – 6:15 pm (TBD)

Tuesdays

6:00 am – 6:45 am (Jessica)

Wednesdays

5:30 pm – 6:15 pm (Jessica)

Thursdays

6:30 pm – 7:15 pm (Jessica)

Fridays

9:00 am – 9:45 am (Jessica)

*Minimum of three students per class

AVAILABLE TRX/VIPR SESSIONS

Thursdays

5:30 pm – 6:15 pm (TBD)

*Minimum of three students per class

For more information, contact Personal Training Coordinator Brent Pitts at (913) 491-4116